

Lewis Mountain Cabins Mile 57.5, Skyline Drive



Lewis Mountain Cabins are historic furnished cabins with private bathrooms, heat, electric lights, towels, linens and an adjacent outdoor pit grill for cooking. The absence of in-room phones and internet access only adds to the total tranquility. Slow down the pace as you cook out on your sheltered outdoor charcoal fire and dine on your own picnic table. The Lewis

Mountain cabins sit side-by-side in a wooded area offering the basic creature comforts along with one tent cabin for the rugged hiker seeking shelter for the night. There is a strong emphasis on the protection of wildlife.

Green Statement: "The Lewis Mountain Cabins are participating in the *Virginia Green* challenge to honor the 75th anniversary of the Blue Ridge Parkway and looks forward to celebrating 75 years of Shenandoah National Park in 2011."



CORE ACTIVITIES for Green Lodging



Optional Linen Service. Virginia Green Lodging facilities must have some sort of system in place that allows guests to not have their sheets and towels changed every day. This facility pledges that they:

- Have signage in each guest room explaining the linen reuse procedures
- Change linens only upon request
- Train housekeeping staff on process for optional linen service
- Purchase water- and energy-efficient washers and dryers
- Use non-phosphate, non-toxic and biodegradable laundry detergents
- Minimize use of bleach and chlorinated chemicals



Recycling and Waste Reduction. Virginia Green Lodging facilities must recycle and are highly encouraged to maintain a comprehensive recycling program. This facility pledges that they:

- Provide the opportunity for guests to recycle: glass bottles, plastic bottles, and aluminum cans
- Have recycling bins located in the lobby and camp store area
- Also recycle office paper, toner cartridges, cardboard, fluorescent lamps, batteries, electronic equipment
- Track overall solid waste costs

Guest rooms

- Use bulk soap dispensers instead of individual soaps/shampoos in guest rooms
- Use refillable shampoo bottles rather than single-use bottles
- Instruct housekeeping staff to save and reuse unopened items

Dining room (or meetings/events)

- Use disposable foodservice items that are made with recycled content
- Use cloth napkins
- Use water pitchers to minimize the use of single-use bottles

Restrooms

- Use bulk soap dispensers in public restrooms

Office

- Reuse scrap paper for notes
- Use electronic correspondence and forms when possible

Building and grounds

- Use green cleaning products that are dispensed in bulk
- Use reused building materials or those from sustainable sources
- Use latex low or no-VOC paints
- Re-use paint thinners
- Properly recycle and/or dispose of thinners and solvents (required by law)
- Perform preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
- Use integrated pest management (IPM)
- Minimize use of pesticides and herbicides in landscaping



Water Conservation. The facility must have a plan for conserving water that should consider plumbing modifications and landscaping. This facility pledges that they:

- Track overall water usage and wastewater

Activities indoors

- Perform preventative maintenance to stop drips and leaks
- Use water-flow metering to discover leaks and areas of high use
- Have installed:
 - Low flow faucets and showerheads (use less than 2.5 gallons per minute)

Activities outdoors

- Have an effective landscape management plan that utilizes native species and minimizes lawn areas



Energy Conservation. The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives. This facility pledges that they:

- Track overall energy bills
- Have established a numeric goal to reduce energy usage over time

Heating and cooling

- Have individual thermostats for each room/area; ensure they are correctly adjusted
- Regularly perform preventative maintenance on HVAC system

Lighting

- Use lighting sensors to turn on/off lights
- Have adopted a policy/practice to turn off lights in unoccupied rooms
- Have installed compact fluorescent light bulbs in all rooms and in canned lighting

- Have installed directional (downward-facing) lighting in parking areas and other outdoor areas

Appliances and electronic devices

- Use ENERGY STAR qualified appliances (commercial kitchens, heating and cooling, consumer electronics)
- Use ENERGY STAR qualified office equipment (computers, monitors, copiers, printers, etc.)
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Green Events Package. The facility must offer a “green” or “environmentally-friendly” package for conferences, meetings, and other events. Even if the facility only offers occasional, small events, at least recycling will be provided. This facility pledges that they:

- The Lewis Mountain Cabins are not equipped to support conferences, meetings or other events.

For more information on the **Lewis Mountain Cabins**, see <http://www.nps.gov/shen/planyourvisit/lodging.htm> or contact Wayne Soard at soard-wayne@aramark.com or (540) 843-2101.

Virginia Green is the Commonwealth of Virginia’s campaign to promote environmentally-friendly practices in all aspects of Virginia’s tourism industry. **Virginia Green Hotels and Lodging Facilities** have been thoughtfully planned and designed to minimize their impacts on the environment. This lodging has met the established “core activities” for **Green Lodging** and has committed to communicate its activities to its guests.

For more information on **Virginia Green** program, see www.deq.virginia.gov/p2/viriniagreen or www.viriniagreentravel.org.



Virginia Green is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.

